



US Army 241st Birthday,
June 14

Rounds

Eisenhower Army Medical Center

JUNE 2016

'A BRIGHT RAY OF SUNLIGHT'



Patient Caring
Touch award
recipient, Spc. Ana
Musolino, LPN, and
Robert C. Rayner.
See their story and
others on page 5.

School Screenings Scheduled
July 30, Aug. 6, Aug. 20

CALENDAR

June 1

Atlanta Recruiting Battalion Tour, 2:30-4 p.m.

June 2

Area Safety Officer Training, 1-2 p.m.

June 3

68K, Lab Phase II Graduation, EAMC Auditorium, 10-11 a.m.,

June 7

Safety Officer and HAZCOM Coordinator, main auditorium, noon to 2 p.m.

June 10

GME Graduation Ceremony, Alexander Hall, 1:30-3:30 p.m.

June 14

Army 241st Birthday Celebration, Barton Field Reviewing Stand, 6

a.m. (5K Run), 7:30 a.m. (Cake Cutting Ceremony)

June 15

Facebook Town Hall Forum, Darling Hall, 6:30- 8 p.m.

June 17

Pride Month observance, EAMC Auditorium, 11:30 a.m. to 12:30 p.m.

Anesthesia Graduations, EAMC

Chapel, 3-4 p.m.

June 23

Marriage 101 Class "Making Meaningful Connections," Family Life Center, 9:30 a.m. to 3:30 p.m.

June 25

Fort Gordon Greatest American Superhero 5K Run, Lakeside Housing Area – Entrance at Pavilion, 8-10 a.m.

Round

June 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Beef, Pepper Soup Baked Honey Glazed Ham Slices Herb Baked Flounder Pineapple Sauce Scalloped or Oven Roasted Potatoes Glazed Baby Carrots Sautéed Cabbage	2 Chicken, Wild Rice Soup Oven Roast Beef Baked Salmon Brown Gravy Egg Noodles Potatoes O'Brien Steamed Rice Sautéed Asparagus Mixed Vegetables	3 Cream of Broccoli Soup Chicken Cacciatore Beef Lasagna Vegetable Lasagna White Pasta Wheat Pasta Brown Rice Sicilian Vegetables Steamed Broccoli	4 Tomato Basil Soup Grilled Chicken Breast Parmesan Crusted Tilapia Chicken Gravy Steamed Rice Steak Fries California Veggies Baby Carrots
5 Cream of Potato Soup w/ Bacon Swiss Steak w/ Brown Gravy Turkey Tetrazzini Rice Pilaf Mashed Potatoes Peas and Carrots Cauliflower Au Gratin	6 Mushroom Barley Soup Fried Chicken Savory Baked Chicken Herb Baked Mahi Mahi Chicken Gravy Steamed Rice Potatoes and Herb Macaroni and Cheese Mixed Vegetables Sautéed Cabbage	7 Ital. Wedding Soup Beef Yakisoba Sweet and Sour Pork Egg Rolls (Veggie) Fried Rice Steamed Rice Brown Rice Steamed Broccoli Stir Fry Vegetables Dinner Rolls	8 Broccoli Soup Roast Turkey Baked Catfish Fried Catfish Turkey Gravy Cornbread Dressing Mashed Potatoes Gr. Beans w/Potato Green Beans Summer Squash	9 Chicken Tortilla Soup Chicken Fajita Beef Fajita Bean, Cheese Burrito Enchilada Sauce RF Beans w/ Cheese Spanish Rice Brown Rice Peppers and Onions Chuckwagon Corn	10 Clam Chowder Parmesan Baked Tilapia Beef Bulgogi Brown Gravy Lyonnaise Potatoes Steamed Rice Brown rice Sautéed Asparagus Glazed Snow Peas	11 Tom. Florentine Soup Baked Ham Slices Baked Salmon Pineapple Sauce Wild Rice Steamed Rice Brown Rice Mashed Potatoes California Blend Vegetables
12 Chicken Dumpling Soup Philly Cheese Steak Mexican Chicken Steak Fries Brown Rice Steamed Rice Sautéed Asparagus Riviera Mixed Vegetables	13 Broccoli Soup BBQ Chicken Savory Baked Chicken Chili Macaroni Chicken Gravy Hopping John Rice Garlic Red Potatoes Sautéed Cabbage, Bacon	14 Chicken, Wild Rice Soup Meatloaf Spicy Honey Pork Beef Gravy Mashed Potatoes Brown Rice Streamed Rice Green Beans, Potatoes	15 Chicken Gumbo BBQ Ribs Fried Catfish Baked Catfish Mac and Cheese Steamed Rice Brown Rice Tomatoes w/ Okra Collard Greens w/Ham	16 Beef w/ Green Pepper Soup Teriyaki Chicken Beef Pepper Steak Vegetable Egg Rolls Brown or Fried Rice Broccoli Stir Fried Vegetables Dinner Rolls	17 Italian Wedding Soup Beef Stew Baked Tilapia Parsley Egg Noodles Steamed Rice Sautéed Asparagus Summer Squash Dinner Rolls	18 Mediterranean Vegetable Soup Salisbury Steak Baked Flounder Cottage Fries Brown Rice Wild Rice Mixed Vegetables Broccoli Dinner Rolls
19 Mushroom Barley Soup Hungarian Goulash Parmesan Tilapia Beef Gravy Steamed Rice Egg Noodles Peas and Carrots Catalina Blend Vegetables	20 Bean and Ham Soup Parmesan Chicken Meat Sauce White Pasta Wheat Pasta Italian Roasted Potato Wedges Cauliflower Au Gratin Broccoli	21 Chicken Noodle Soup Savory Baked Chicken Beef Stroganoff Brown Gravy Steamed Rice Brown Rice Egg Noodles Whole Kernel Corn Brussel Sprouts	22 Beef, Pepper Soup Baked Honey Glazed Ham Slices Herb Baked Flounder Pineapple Sauce Scalloped or Oven Roasted Potatoes Glazed Baby Carrots Sautéed Cabbage	23 Chicken, Wild Rice Soup Oven Roast Beef Baked Salmon Brown Gravy Egg Noodles Potatoes O'Brien Steamed Rice Sautéed Asparagus Mixed Vegetables	24 Cream of Broccoli Soup Chicken Cacciatore Beef Lasagna Vegetable Lasagna White Pasta Wheat Pasta Brown Rice Sicilian Vegetables Steamed Broccoli	25 Tomato Basil Soup Grilled Chicken Breast Parmesan Crusted Tilapia Chicken Gravy Steamed Rice Steak Fries California Veggies Baby Carrots
26 Chicken Dumpling Soup Philly Cheese Steak Mexican Chicken Steak Fries Brown Rice Steamed Rice Sautéed Asparagus Riviera Mixed Vegetables Dinner Roll	27 Cream of Broccoli Soup BBQ Chicken Savory Baked Chicken Chili Macaroni Chicken Gravy Hopping John Rice Garlic Red Potatoes Sautéed Cabbage, Bacon Sautéed Cabbage Whole Kernel Corn Cornbread	28 Chicken, Wild Rice Soup Meatloaf Spicy Honey Pork Loin Beef Gravy Mashed Potatoes Brown Rice Streamed Rice Green Beans, Potatoes Green Beans Cauliflower Dinner Rolls	29 Chicken Gumbo BBQ Ribs Fried Catfish Baked Catfish Macaroni and Cheese Steamed Rice Brown Rice Tomatoes w/ Okra Collard Greens w/Ham Collard Greens Cornbread	30 Beef w/ Green Pepper Soup Teriyaki Chicken Beef Pepper Steak Vegetable Egg Rolls Brown Rice Fried Rice Broccoli Stir Fried Vegetables Dinner Rolls		

June, a busy month

Col. Michael A. Weber
Commander

Eisenhower Army Medical Center

May was another busy month. The highlights for me were Nurse's Week and Mother's Day.

June marks the end of the academic year and the start of summer fun in our communities with children returning to work and play during commuting hours. Take care to remain extra vigilant in housing areas on and off post.

EAMC's Graduate Medical Education commencement is on June 10; and graduation for the Anesthesia Nursing Program is on June 17. The change-of-command for Rodrigues Army Health Clinic is on June 16. I thank LTC(P) David Sloniker and his family for their inspired leadership and service; and welcome LTC Eli Lozano and his wife Serena to the EAMC family and wish them the best of luck commanding in Puerto Rico.

On June 3, the Army Reserve Officer's Training Corps will celebrate its 100th Anniversary. ROTC was the leadership foundation for our recent Secretary of the Army, Patrick Murphy, six Chiefs of Staff of the Army, two Chairmen of the Joint Chiefs of Staff, a Supreme Court Justice, as well as other leaders in government, business, entertainment, science, and sports. Army ROTC produces more than 70 percent of the new officers entering the Army each year. There are more than 28,500 cadets currently enrolled in 275 programs that have produced more than 600,000 officers

throughout its 100 year history.

June is National Safety Month as well as several other special holidays. Remember safety "happens" when leaders and individuals are properly trained and meet prescribed or accepted safety standards in everything they do. Our country celebrates Flag Day and the Army birthday on June 14. Flag Day commemorates the adoption of the flag of the United States by resolution of the Second Continental Congress in 1777. On June 14, 1775, the Continental Congress established "The American Continental Army." Our Army's birthday is themed "The American Soldier-Always ready, always leading" as we celebrate 241 years of selfless service to our nation.

The Army Warrior Games will be held at the U.S. Military Academy June 15-21. Approximately 250 wounded, ill and injured athletes from the Army, Marine Corps, Navy, Air Force, Special Operations Command and the British Armed Forces compete in eight sports (archery, cycling, field, shooting, swimming, track, sitting volleyball, and wheelchair basketball) in a display of courage and resilience.

Ramadan begins the evening of June 5 and finishes the evening of July 5. If you know someone who is observing the fast, offer your words of encouragement such as "Ramadan Kareem (Noble Ramadan)", "Ramadan Mubarak (Blessed Ramadan)", or "Kul'am wa enta bi-khair (May every year find you in good health)" Breaking of the

fast on July 6 is celebrated with Eid al-Fitr.

On June 17, EAMC will hold its Pride Month Command Program. President Barack Obama declared June; Lesbian, Gay, Bisexual, and Transgender Pride Month. President Obama stated the Department of Defense, "is leading by example to ensure that lesbian, gay, bisexual, and transgender citizens are judged by the quality of their work, not by who they love." The Army continues to shape its force where every Soldier serves knowing that their teammates, leaders and country supports them, is proud of them and has a place for them exactly as they are. EAMC is a model example of a unit where we pledge to treat each other with dignity and respect. Soldiers who were discharged for "Homosexual Conduct" within the last 15 years may apply to the Army Discharge Review Board for a discharge review: <http://arba.army.pentagon.mil/dadt.cfm>.

June 19 is when we celebrate Father's Day. I am very fortunate to have an excellent relationship with my father. Whatever your relationship is with your father, my advice is that the most valuable gift you can give is acknowledgment of your love, or finding forgiveness for the relationship that existed. I think all fathers want to give their children a legacy to cherish rather than a childhood that takes an entire adulthood to forgive.

Thank you all for inspiring me every day. You are what makes EAMC my First Choice for 5-Star Care.

FISHER HOUSE DONATION



Photo by David M. White

Aimee Davis, left, and Stephanie Garwold, both with the Health Services Auxiliary, present a check for \$25,000 on behalf of Fort Gordon Fisher House to Col. Michael A. Weber, Eisenhower Army Medical Center commander, Sgt. Maj. Raymond Price, EAMC command sergeant major, and Francisco Cruz, Fisher House manager. The donation is the proceeds from the HSA golf tournament held earlier this spring.



June 2016 • Vol. 1, No. 9

Rounds is an official monthly publication of Eisenhower Army Medical Center at Fort Gordon, Georgia, produced by the EAMC Public Affairs Office for and about the staff of the hospital and the military members, family members and beneficiaries who choose EAMC for their Five-Star Health Care.

Editorial content is under the direction of and serves the mission of the EAMC commanding officer. Email: usarmy.gordon.medcom-eamc.mbx.pao@mail.mil.

Cover photo by John Corley

Nurses Week activities include community service project



Courtesy photo

Brenda Cleveland, RN, left, and her daughter, Bella, 6, foreground; Audrey Ahmed, RN, in yellow; Sherry Seagram, RN; and Pfc. William Sherman, left, background; and Pfc. Hailey Oden, both behavioral health techs; participate in a spring cleaning community service project at the Lydia Project's lodging center in Augusta May 7.

David M. White

Public Affairs Office

Eisenhower Army Medical Center

Volunteers from Eisenhower Army Medical Center participated in a Day of Service as part of National Nurses Week activities May 7.

National Nurses Week begins each year on May 6 and ends May 12, Florence Nightingale's birthday, and recognizes the contributions nurses and nursing make to the community.

This year, 18 volunteers from EAMC met at the lodging center of The Lydia Project to ensure the center was spic and span.

"For women experiencing chemo and radiation, it is imperative they live in a clean environment, said Sherry Seagram, Clinical Nurse Officer In Charge, EAMC Orthopedic Clinic, who coordinated the event. "We cleaned the entire facility keeping in mind the American Nurses Association Nurses Week theme 'a culture of safety.'"

It was important to Seagram and the other volunteers that EAMC's nursing community "give back" to the Augusta community that supports the work and mission of Fort

see **LYDIA** on page 18

'Blood makes the grass grow'

Eisenhower registered nurse selected for all-armed forces rugby team

Lt. Col. Terri J. Holloway-Petty

Nurse Executive Inpatient Services

Eisenhower Army Medical Center

First Lt. Tenesha Middleton, a registered nurse currently working on 9 Medical/Surgical/Pediatrics at Dwight David Eisenhower Army Medical Center, was chosen from a large group of rugby players from the Army, Navy, Marines, Air Force and Coast Guard to participate in an Armed Forces 7's Women's Rugby Camp at Dobbin Air Reserve Base in Marietta, Georgia, April 4-7.

During the camp, 16 athletes from the respective branches conducted drills, scrimmages and conditioning training that allowed them to showcase their individual talents, as well as bring the team together to

see **RUGBY** on page 19



Courtesy photo

1st Lt. Tenesha Middleton, right, a registered nurse at Eisenhower Army Medical Center, churns upfield during a rugby match in this undated photo. Middleton is one of 12 service members chosen from all service branches to compete on the 2016 Armed Forces 7's Women's Ruby Team.

NURSING EXCELLENCE AWARD RECIPIENTS

**PATIENT CARING
TOUCH AWARDS**


Photo by John Corley

Spc. Ana Musolino, LPN

Nominated by Robert C. Rayner, husband of patient: My wife, Nancy, has been a patient many times at Eisenhower Army Medical Center and the care has been outstanding. This last visit (Jan. 11-17) far exceeded those other stays.

Of all that, a young LPN (Spc. Ana Musolino) shined [sic] like a bright ray of sunlight. She gave personal and loving care day after day that I have

see **MUSOLINO** on page 18



Photo by John Corley

Capt. Suin C. Ellison, RN

Nominated by Donna S. Nickson, wife of patient: Capt. Suin C. Ellison exemplifies the best.

During a very confusing and difficult time, Ellison helped us get a referral for a second opinion. She physically walked to the office and got the referral the same day.

see **ELLISON** on page 18



Photo by John Corley

Marc Belgin, registered nurse



Photo by John Corley

Sgt. Bradley Bonecutter, licensed vocational nurse



Photo by John Corley

Brenda Cleveland, registered nurse



Photo by John Corley

Capt. Suin Ellison, RN



Photo by John Corley

Monica Richards, health technician



Photo by John Corley

Spc. Daniel Ryan, medic

Dad at the movies

Lt. Col. Robert Stevenson, chaplain
Department of Ministry and Pastoral Care
Eisenhower Army Medical Center

My dad is 84 years old. How did that happen?

I will forever think of my dad as that man who took me to Wrigley Field to see my Cubs get beat by the Pittsburgh Pirates in the summer of 1972. Dad tried his best to console me after the Cubs lost (thanks to the late great Roberto Clemente) but as a lifelong Cardinals fan, deep down, I think he loved it. The next summer we went to St. Louis as part of our family vacation and we saw the Cardinals beat the Mets at Busch stadium. Dad has always known how to pick winners. He still reminds me his team had Lou Brock. My team didn't.

Today when I go home we spend a lot of time talking politics and theology. My dad wasn't a devout church goer for much of his life so I am always amazed at everything

he picks up. We also spend a lot of time together in front of the television set. He loves westerns and is really into Law and Order marathons. Sometimes we'll watch a movie together on the television.

Movies are something most children can relate to with their fathers. I have found as many dads have grown older and become less active outdoors, movies can be a meaningful way to spend time. Some films can teach you a lot about fatherhood. Below is a list of movies you might enjoy watching with your family about fatherhood. Some of them can be the spring board for good conversation. Others are just good fun to watch.

While I have seen these movies, the comments I have provided about them came from a website called "The Art of Manliness." This partial list came from their June 17, 2011 entry entitled "Twelve Best Movies about Fatherhood." The following is their introduction and their comments

about the films.

A man's relationship with his father is one of the most important relationships in his life. Dad is supposed to teach us the manly arts, to always be there as lifelong mentors who lovingly guide us into manhood. At least that's what every boy hopes for. Of course in real life the relationship between father and son is rarely so simple. A son yearns for the love and respect of his dad and doesn't always get it. Or he worships his father, only to find out later he wasn't such a good guy. Or his dad is indeed the real deal, but he exits his life too soon.

It's no wonder that a relationship so fraught with hope and yearning, drama and resentment, joy and regret has often translated into cinematic gold. Men don't typically cry at movies, but when we do, nine times out of 10 the scene involves a father and his kids. Father-themed flicks are guaranteed to make us laugh, get misty-eyed, and feel a little introspective about our own dads, and if we have kids ourselves, how we measure up as fathers.

see **CHAPLAIN** on page 15

FISHER HOUSE DONATION



Photo courtesy of Fort Gordon Spouses' & Civilians' Club

Jeanie Cabral, left, Fort Gordon Spouses' & Civilians' Club's grants chairperson; and Melissa Ebbing, FGSC president; present a check to Francisco Cruz, Fisher House manager; at the on the FGSC's Grants and Scholarships evening event April 21. The Fort Gordon Spouses' & Civilians' Club is a non-profit organization dedicated to giving back to the Fort Gordon community through volunteer service, grants and scholarships.

Rounds 
Eisenhower Army Medical Center

Editorial calendar, story/photo deadlines

August 2016	July 8
	Children's Eye Health & Safety
	World Breastfeeding Week (Aug. 1-7)
	Contact Lens Health Week
	(Aug 24-28)
September 2016	August 12
	Suicide Prevention Week (Sept. 4-11)
	Patriot Day 9/11, National Day of
	Service and Remembrance (Sept. 11)
	Childhood Obesity Awareness Month
October 2016	September 9
	Domestic Violence Awareness
	Red Ribbon Week
	Dental Hygiene Month
November 2016	October 7
	American Diabetes Month
	Great American Smokeout
	National Family Health History Day

Modernizing hospital communication with science fiction

Wes Elliott

Public Affairs Office

Eisenhower Army Medical Center

The Eisenhower Army Medical Center is working to modernize hospital communication by implementing a product inspired by Star Trek, a science fiction television show.

The medical center is working to implement Vocera, a hands-free communication system that uses a small badge that you wear around your neck and works like a speaker phone using the facilities wireless network.

Since Vocera was started 2000, the devices have become popular with hospitals but Capt. Jacqueline Young, EAMC's Chief Medical Information Officer, envisions fully incorporating Vocera into several systems at the medical center.

"We want to squeeze as much out of the Vocera system as we can; we want to optimize it to make it work for us instead of working around a software or device," said Young.

The device is activated when a user pushes the button and gives a command. Then the Vocera device makes the call to the appropriate individual, team, or position.

The badges are assigned to each person on the team but the call flow can be based on name, role, or on an activity group. Someone could be a part of all three of those categories such as a doctor who serves in a leadership role can also be part of a care team and a member of a code team.

Young describes the system as a game changer in the facility. "People have seen the devices in use in other facilities but not integrated into other systems."

The system will be connected to clinical

systems in the medical center such as the nurse call system, overhead paging, the code and rapid response teams, the electronic health record, patient workflow management system, and security systems so that communication and tracking can be done both vertically and horizontally.

"These devices will change the way we do patient care in that we will be able to speak with the people who need to be involved in patient care immediately, which has always been a challenge throughout the medical community," said Young.

One of the biggest changes for EAMC will be the upgrade and integration of the nurse call system with Vocera. The current call button system, which was installed when the hospital was built, goes to a module on the nurses station desk and it rings until someone answers.

With Vocera, when a patient presses the nurse call button, a nurse wearing the badge assigned to that room will have a direct conversation with the patient in that room, no matter where they are in the building.

Additionally, Vocera will be tied to the patient workflow management system to notify nurses when a patient has arrived and the new electronic health record so that all nurse calls and vital signs will be automatically entered into the health record.

Vocera sounds like a bit of science fiction come to life, and according to Young, the Vocera creative team must be Star Trek fans because the devices resemble the Star Trek communicators, make similar sounds, and there are hidden Easter eggs built into the system.

"You can ask the device to beam you up and it will ready the transporter," said Young. "And if you ask it where Captain



Courtesy photo

1st Lt. Aileen Flynn, RN, Emergency Department, Womack Army Medical Center, Fort Bragg, North Carolina, in an undated photograph, wears Vocera, a hands-free communication device being rolled out at Eisenhower Army Medical Center.

Kirk is, it will tell you he is busy in a galaxy far away."

Regardless of where Capt. Kirk is, the Star Trek future is coming to EAMC soon.

Young said, "We are hoping to have the Vocera system in place this summer because the system will improve the caregiver's communication with the patient, the quality of care, and patient safety as well as making caregivers jobs easier."

National organization recognizes Seehusen with 2016 Innovative Programs Award

Editorial Staff

The Board of Directors of the Society of Teachers of Family Medicine presented the Council of Academic Family Medicine Educational Research Alliance, known as CERA, the 2016 STFM Innovative Program Award. Among those receiving the recognition May 2 in Minneapolis, was Col. Dean Seehusen, MD, MPH, deputy director of Medical Services at Eisenhower Army Medical Center.

Seehusen also serves as vice president of the Uniformed Services Academy of Family Physicians.

Since its inception, less than five years ago, CERA has had a substantial impact on scholarly activity within the discipline both in regards to quantity and quality. CERA has provided mentoring and academic support to make scholarship more accessible to family medicine faculty and has delivered relevant information that can help improve

family medicine education to the larger academic family medicine community. Outcomes generated by the CERA Surveys and CERA Steering Committee mentorship include 33 peer-reviewed articles being published or accepted for publication with more than 110 different authors, six more manuscripts have been submitted for publication with even more authors, and 45 different peer-reviewed presentations at various conferences.

Father's Day



Spc. Donovan Williams and son, Xavier, 3 months.

Courtesy photo



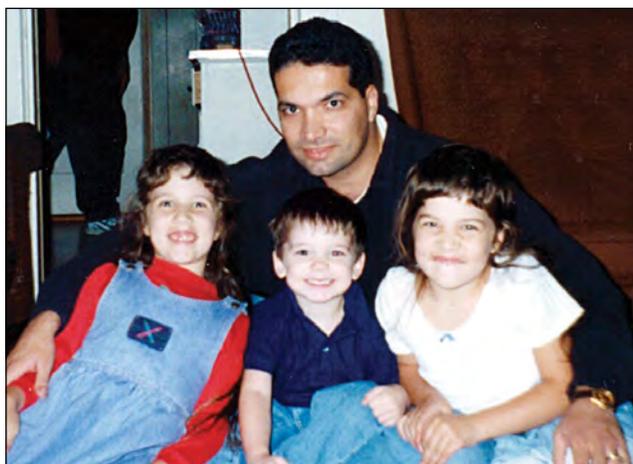
Courtesy photo

Sgt. Darryl Russaw Jr., and daughter, Meah, 4.

There was a time when the cliché was true: expectant fathers paced back and forth, and wringing their hands in the waiting room while their wives did all of the hard work in the labor and delivery room. Nowadays, expectant fathers stand in the corner of the delivery room and aren't allowed to pace because they'd just be in the way.

But that's the last time fathers should stand out of the way. He is equal partner with the mother, teaching, molding and setting the example. A good father leads from the front but is not afraid to let the child's mistakes and failures handle some of the teaching duties. The lessons of guided experiences are often the lessons best remembered.

And if the father is doing it right, he also learns, too. Along the way, fathers learn lessons about himself and his parents, lessons with deeper, broader implications to be sure but, still, lessons nonetheless. At some point a father also learns there are three stages of a man's life: He believes in Santa Claus, he doesn't believe in Santa Claus, he is Santa Claus.



Courtesy photo

Command Sgt. Maj. Raymond Price, twin daughters, Melissa Ann and Jessica Marie, now 25, and son, Tyler Austin, now 20, in an undated photo.



Spc. Jeremy Teahon and daughter, Aurora, 4 months.



Fireworks injury season begins well before July 4

Safety Division Staff

Eisenhower Army Medical Center

On July 1, 2015, Georgia House Bill 100 took effect. The bill legalized the purchase and use of fireworks, including sparklers, roman candles and bottle rockets.

Now, residents are able to declare "Hey y'all, watch this," while accenting the action with pyrotechnics for added effect.

Use fireworks responsibly. The law stipulates that fireworks may only be lit between 10 a.m. and midnight, although extending the time until 2 a.m. is common for Independence Day and New Year's Eve. Fireworks are not allowed within 100 yards of a nuclear power plant or a gas station (big surprise there) and firework enthusiasts are liable for any damage caused by the firework.

Whether you are a fireworks enthusiast or not, if you are a pet owner, ensure your pets are safely inside and monitored during the firework-festooned festivities. The noises and flashes from fireworks are notorious for startling pets, often causing them to bolt. Keeping them inside lessens the

chances of trauma for both the pet, and the owner.

Understand that fireworks are inherently dangerous. The ubiquitous sparkler — depending on its composition — can burn at temperatures from 1000 to well over 2000 degrees.

A fireworks involved injury can easily have repercussions ranging from minor burns, to disfigurement or death. If you must set off your own fireworks, never:

- Lean over to light fireworks. Many people often do this to block the wind, but this is extremely dangerous.
- Point or throw fireworks at someone, ever.
- Light fireworks indoors or in cars.
- Light more than one, even if they are spaced apart on the ground.
- Try to re-light any fireworks that did not fully ignite.
- Carry fireworks in a pocket.
- Wear loose clothing while using any fireworks.
- Set off fireworks in glass or metal containers.

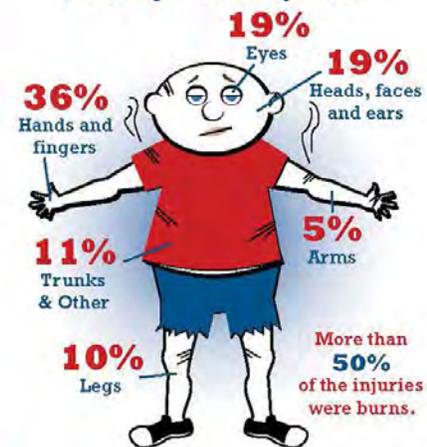
Make Independence Day a day to remember for all the right reasons.

Fireworks Injuries

Fireworks. They are synonymous with our celebration of Independence Day. Yet, the thrill of fireworks can also bring pain, and even death. In 2014, CPSC staff conducted a study of fireworks injuries from June 20 through July 20. Here's what we learned.

- ★ **230** people on average go to the emergency room every day with fireworks-related injuries in the month around the July 4th holiday.
- ★ **67%** of these fireworks injuries in 2014 occurred during the month surrounding July 4th.
- ★ **9** people died due to **8** fireworks-related incidents. In at least **2** incidents, the victims WERE NOT THE USERS.

Most Injured Body Parts



Injuries by Age



Injuries by Gender

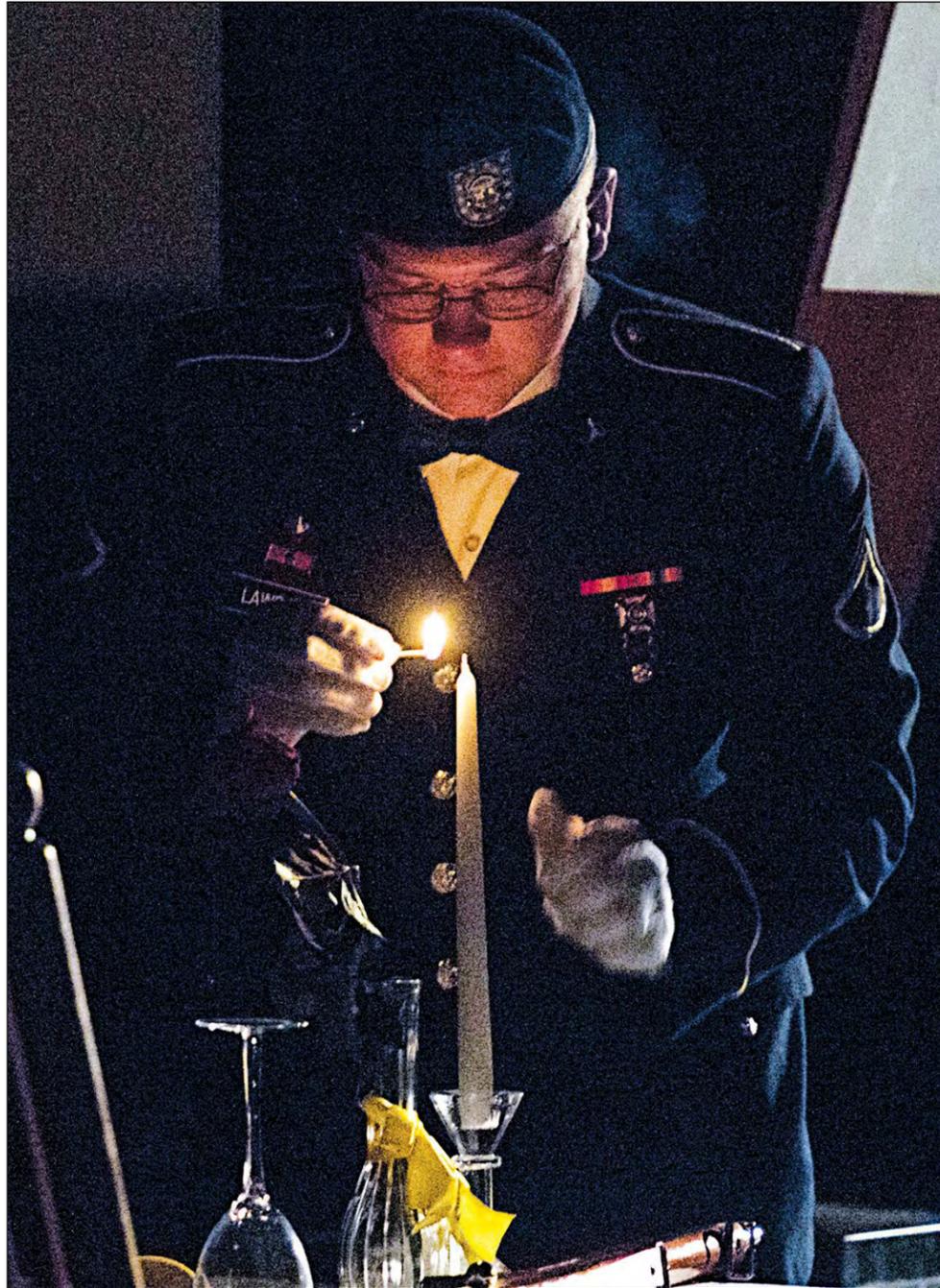


Males were most injured from firecrackers, sparklers, bottle rockets, novelty devices, Roman candles and reloadable shells.

*These percentages do not account for how many products are used.



Dwight David Eisenhower Army Medical Center
2016
Annual Ball



Eisenhower Army Medical Center's military and civilian staff and their families came dressed to the nines for A Night with the Stars at EAMC's annual ball April 23 at the Marriott Hotel in Augusta.

PHOTOS BY JOHN CORLEY



Commit to be fit at Army Wellness Center

Adam J. Plagens

Project Lead

Fort Gordon Army Wellness Center

Fitness starts in your mind. Ask any athlete the number one secret to his or her success, and odds are commitment is in the top three.

Commitment means that you are in it for the long haul. Commitment rises above bad days, hectic schedules and volatile emotions. Commitment hangs in there when you don't want to do it, when you don't feel like doing it and when you don't have time to do it.

True commitment doesn't depend on how you feel. It depends on your integrity and on living for the purpose you have set for yourself.

Are you committed to get fit?

No weekend warriors

Committing to being fit eliminates the weekend warrior syndrome. You may know a weekend warrior. He or she is the person who does little physical exercise during the week, but when the weekend arrives, this individual blasts out of the gate like a stallion on Derby Day. In a desperate attempt to make up for sedentary behavior all week, weekend warriors go to the gym or hit the pavement, pushing themselves to the limit.

The result, however, is not always positive. Often times, weekend warriors end up injured because the muscles, tendons and joints are not conditioned for that intensity of exercise. Physical fitness is not a switch that is simply "turned on." Optimal fitness requires consistency in planning, effort, and a commitment to set

**Optimal fitness
requires consistency
in planning, effort,
and a commitment
to set and achieve
goals.**

and achieve goals. From cardiovascular exercise to strength and flexibility, the AWC Team is able to provide assistance with designing an optimal training program based on your individual abilities and goals. The Fitness assessment helps determine your aerobic capacity, strength and flexibility. The AWC Health Educators then use this information to help develop an exercise prescription that is specific to your abilities, interests and can result in a more efficient and effective workout, which turns help you to

stay committed to improving your personal health and fitness.

Remember, to maintain consistency requires commitment. It takes consistent exercise to cause your body to make the changes that bring about fitness. For example, your joints and tendons will strengthen, and your aerobic base will improve as your body becomes more efficient at utilizing oxygen.

You become stronger, and your endurance will increase.

Bottom line, doing something consistently is as important, or maybe even more important, than what you actually do. Even if you are just walking, doing it every day is infinitely better than doing something more strenuous only occasionally.

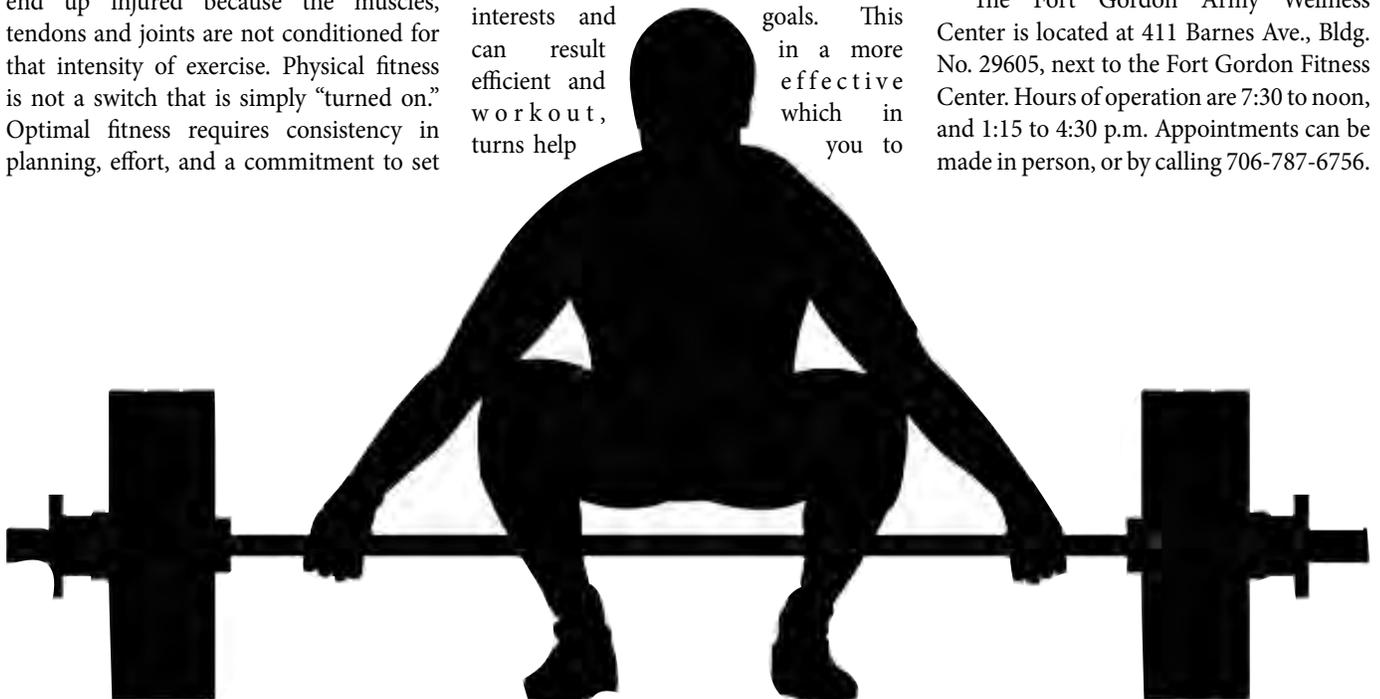
Commit

To get fit, you do not need expensive clothes, fancy home-gym equipment or a complicated workout plan.

What you need is commitment. If you are committed, the rest of the pieces will fall into place.

You can start today. Don't over think this. Just start, and commit to doing something every single day. At a loss where to start? Contact the Army Wellness Center and schedule a Health Assessment Review. The AWC Team can sit down with you, and help you determine the best path to becoming a better you.

The Fort Gordon Army Wellness Center is located at 411 Barnes Ave., Bldg. No. 29605, next to the Fort Gordon Fitness Center. Hours of operation are 7:30 to noon, and 1:15 to 4:30 p.m. Appointments can be made in person, or by calling 706-787-6756.



Hurricane preparedness begins at home

Charles Smith III

Deputy Director of Operations/
Emergency Manager

Eisenhower Army Medical Center

Your preparedness starts at home by creating a plan on what to do before a hurricane strikes and also on what you and your family need in the aftermath of a hurricane. Having a plan and knowing what to do in an emergency situation can make the difference between life and death. Don't wait until a Hurricane Watch is issued to get ready. By then it's too late. Here are some basic steps to follow:

1. Develop a Family Emergency Plan for Evacuation and identify a rallying point. Know the weather warning signs and safe evacuation routes
2. Create and maintain an Emergency Preparedness Checklist. This is the key to successfully weathering a hurricane or severe tropical storm. By taking time now to prepare emergency water supplies, food supplies and disaster supplies kit, you can provide for your entire family when a storm strikes.
3. Prepare a Home Survival Kit Checklist.

Portable radio, batteries, flashlights/lanterns, can/bottle opener, a minimum of one gallon of water per person/day for drinking/cooking/washing and sanitation for at least five to seven days, a five to seven-day supply of non-perishable foods, needing little or no cooking and high in nutrition,

an ice chest with ice/frozen ice packs, a first aid kit with special medications, matches/lighter, propane fuel/charcoal and grill, pet food, personal hygiene items, bathroom tissue, whistle (signal for help), and extra cash/traveler's checks. Be sure to include a manual can opener and eating utensils. Avoid foods that will make you thirsty. Items should be stored in a container or containers that can be transported easily in case you need to evacuate your home.

make/model/serial numbers, important papers and documents

Sturdy plastic storage bins like gorilla lockers or wheeled ice chests are ideal for this.

4. Prepare an evacuation and first aid/medical kit checklist. Similar to a home survival kit checklist (see No. 3), with additional necessities for family members with health needs requiring medical care, list of physicians/medications (doses/schedule), medical ID bracelets, eyeglasses/lens and solutions, dentures, medical devices w/

(i.e. insurance and mortgage papers) in a waterproof bag. Buy or build your own first aid kit to include antiseptic, aspirin, bandages, adhesives, antibiotics, diarrhea medication, cough medicine, bathroom tissues and a Red Cross First Aid Guide. You may also consider adding specific, necessary prescription medicines (1 week supply).

5. Prepare for a potential power outage and/or damage to your home. An electric power outage can interrupt water, telephone, gas services and household activities like cooking and bathing.

Avoid fire/electrical hazards by turning off all electric and gas appliances with heating elements and non-essential equipment and de-energize the circuits at the fuse panel. Know what to do in an emergency situation when power lines go down or electrical fires occur.

Additionally, the Emergency Alert see **HURRICANE** on page 16

Are you a hurricane this year?

(2016 hurricane names)

- Alex
- Bonnie
- Colin
- Danielle
- Earl
- Fiona
- Gaston
- Hermine
- Ian
- Julia
- Karl
- Lisa
- Matthew
- Nicole
- Otto
- Paula
- Richard
- Shary
- Tobias
- Virginie
- Walter

Emergency preparedness resources

ready.ga.gov (mobile app, how to build a ready kit)

FEMA at Ready.gov

National Weather Service (NOAA.gov)

American Red Cross (redcross.org)

14 New video game trains response to foreign disasters

Mike Casey

Combined Arms Center—Training

Robert Ramon

U.S. Army South

FORT LEAVENWORTH, Kan. — The Army and a unit of the U.S. Agency for International Development created a new video game to train Soldiers how to respond to foreign natural disasters.

Earlier this year, Maj. Gen. Mark O’Neil, deputy commanding general of the Combined Arms Center—Training, Fort Leavenworth, Kansas, approved the video game — Disaster Sim — for the force.

“Disaster Sim teaches Soldiers how to be part of a joint task force, coping with a foreign natural disaster,” O’Neil said. “The video game shows how the Army is using technology to make training more engaging and accessible.”

The video game can be downloaded for free from the Army’s Milgaming web site <https://milgaming.army.mil>.

OFDA, part of the U.S. Agency for

International Development, is responsible for leading and coordinating the U.S. response to overseas disasters.

U.S. Army South, Fort Sam Houston, Texas, is responsible for providing the core of a joint task force headquarters to deploy as part of a U.S. government response to disasters in Central America, South America and the Caribbean.

Col. Michael Panko, Army South’s chief of training and exercises, said Army South saw the need for a capability to provide initial training about the Army’s role in responding to foreign disasters.

“This software is designed as an instructional tool for personnel who would serve on a foreign disaster relief joint task force as part of a whole of U.S. government response led by OFDA,” Panko said.

Tim Wansbury of the Army Research Laboratory said OFDA’s representatives provided the expertise in creating the video game’s content.

“They helped us develop a program to

teach Disaster Relief 101,” said Wansbury, project lead with the Army Research Laboratory.

Disaster Sim’s initial scenario challenges a Soldier to respond to the needs of Guatemalans during an earthquake, said Lt. Col. Greg Pavlichko. Until taking a new assignment, he was the chief of the Games for Training program, which is part of the National Simulation Center and CAC-T.

“In the game, the Soldier has many more requests for help than resources,” said Pavlichko. “That forces the Soldier to prioritize resources to meet the most critical needs. If the Soldier doesn’t correctly address the most serious problems, there are adverse second-and-third order effects.”

The hour-long scenario also teaches Soldiers the proper procedures to work with OFDA, non-governmental agencies and the host nation. Eventually, Disaster Sim will offer leaders the opportunity to create new foreign disaster scenarios.

see **DISASTER** on page 16



CHAPLAIN from page 6

To Kill a Mockingbird

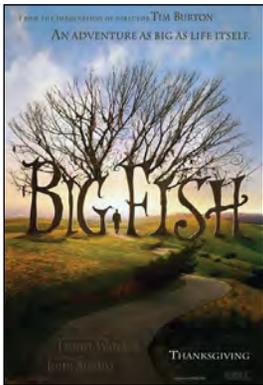
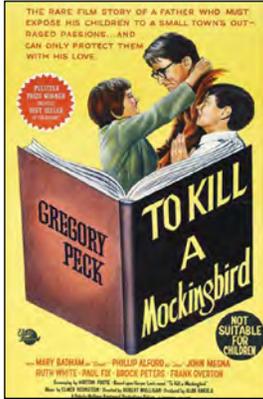
Atticus Finch is the man. Pillar of integrity, fighter of racial injustice, humble sharpshooter, and, of course, world's greatest dad. As a widower he could have shipped his kids off to a relative, but he was absolutely devoted to them. He was kind, protective, and incredibly patient with his two kids, Jem and Scout. And most importantly, he taught his children by example. I find the relationship between Atticus and his daughter to be particularly endearing. If I ever have a daughter, I hope my relationship with her can be like the one Atticus had with his little girl. No wonder the American Film Institute called Atticus the "greatest movie hero of the 20th century."

Of course you can't top the book itself, but the film version measures up pretty well. Gregory Peck was given some very large shoes to fill, and he did so admirably.

Big Fish

Big Fish is a weird movie. Weird in a good way, though. It was directed by Tim Burton, hence the weirdness.

Big Fish focuses on the strained relationship between a father and son, Ed and Will Bloom. Ed is a man who loves to tell (possibly fictitious) stories about his past. Ed's son, Will, thinks his dad is full of it and can't stand his tall tales. Will feels he cannot trust his father and eventually stops talking to him for several years. But when Will finds out his dad is dying, he returns home to begin a journey that will lead him to learn who is father really is, a process that allows him to come to peace with his dad.



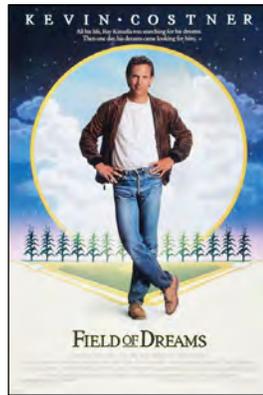
The Pursuit of Happiness

An uplifting film based on the true story of now multi-millionaire Chris Gardner's one-year struggle with homelessness while raising his son by himself and working to land a full-time job. The Pursuit of Happiness shows the lengths a father will go for his children. What makes this movie even more emotionally captivating is that Chris Gardner and his son, little Chris, are played by real-life father and son, Will and Jaden Smith.



Field of Dreams

To what lengths would a man go for a chance at reconciliation? If it's for your (dead) father, most of us would do anything. As a young man, Ray Kinsella had a strained relationship with his dad and had once refused to play catch with him, a decision he has regretted ever since. Now grown up, with his father passed away, Ray has become an Iowa farmer. A voice tells him, "If you build it, he will come," and Ray obeys by building a baseball diamond in his cornfield. The voice continues to guide Ray, and after a series of mysterious and supernatural events, he is able to make amends by playing a simple game of catch with his dead father. Man. That catch scene gets me every time.



Father of the Bride (1950)

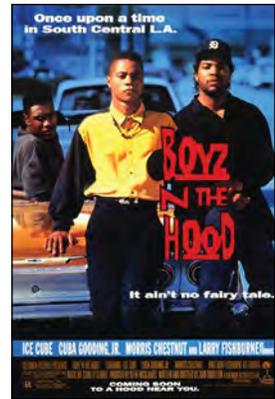
It's the moment any man with a daughter looks forward to with both happiness and sadness: his little girl's wedding. You've probably seen the 1991 re-make of Father of the Bride with Steve Martin. Sure, it's funny, but it's nowhere near as good as the 1950 original starring Spencer Tracy and a young and beautiful Elizabeth Taylor. At least, I don't think so. There's nothing profound or

deep about this film. It's just a fun, family comedy about the relationship between a man and his daughter. Spencer Tracy rocks it in this movie. One of his best performances.



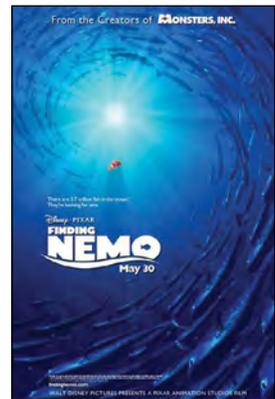
Boyz N The Hood

Laurence Fishburne plays Furious Styles (what an awesome name), a hard-nosed father trying to raise his rebellious son, Tre, on the mean streets of Los Angeles. Furious gives his son plenty of tough love but also provides him a good example of what it means to be a father, and more importantly, a good man. Boyz 'N the Hood teaches us that there's nothing like the influence of a father to mold a boy into a man who does the right thing.



Finding Nemo

A movie about fatherhood you can watch with your kids. Marlin's a widower who loses his wife and 400 of his children (he's a fish) in a vicious barracuda attack. His only child to survive is Nemo, a headstrong little clown fish who's frustrated by his father's neurotic over-protectiveness. Despite Marlin's best efforts to look out for Nemo, he gets lost and the rest of the movie is dedicated to, well, finding Nemo. Marlin's love for his son transcends species. Even us human dads can relate to this computer-animated fish.



COMMISSIONING SERVICE



Courtesy photo

Col. Dean Seehusen, deputy commander for Medical Services at Eisenhower Army Medical Center, administered the Oath of Office to four Health Professions Scholarship Program students at the Medical College of Georgia's Hooding Ceremony May 12.

DISASTER from page 14

Panko said the game can help units besides Army South.

"Any command that has foreign disaster relief as part of its mission will benefit from including Disaster Sim in training," Panko said.

Panko said he was impressed with Disaster Sim's creation in just 18 months. "To my knowledge the rapid development of this software, minimal cost involved and fielding time to the Army is unprecedented," he said.

A key to the project's success was the collaborative and supportive approach of all organizations.

"This project underscores a core Army value: Teamwork. None of us alone had the resources or talent to bring this project to life, but together we made it a reality," Panko said.

NURSES WEEK OPENING



Photo by John Corley

Col. Richard L. Evans, deputy chief of the Army Nurse Corps, was the guest speaker for the opening ceremony of the 2016 Nurses Week at Eisenhower Army Medical Center May 6 in Ike's Cafe. Evans, a member of the board of directors of the Louise Batz Patient Safety Foundation, spoke to those attending about the Nurses Week theme: A Culture of Safety.

HURRICANE from page 13

System is the official source of emergency information and instructions before, during and after a hurricane and originates from the county Emergency Operating Centers as well as state and federal partners. During an emergency, a battery-, hand-crank- or solar-powered radio will be your primary source of information. If you are using a battery-powered radio, be sure you have enough batteries to operate your radio for at least 48 continuous hours. Civil Defense information will also be available on cable television systems. Remember, hurricanes are very unpredictable. They can change direction and intensity very quickly. Therefore, it's important to listen to the radio for National Weather Service advisories and Civil Defense or Department of Emergency Management information.



MRI scan not necessary for low-back pain diagnosis

David M. White

Public Affairs Office

Eisenhower Army Medical Center

Trying to diagnose and treat your lower-back pain by having an MRI is akin to reading a recipe because you're hungry ... in fact, you just might get more out of reading the recipe.

As reported in the April edition of Eisenhower Army Medical Center's "Rounds," most low-back pain is acute, or short term, and lasts a few days to a few weeks. The vast majority is mechanical, meaning that sprains and strains account for most acute back pain, according to the National Institute of Neurological Disorders and Stroke. Lower-back pain tends to resolve itself with very little treatment.

"Advanced imaging, more often than not, is unnecessary," said Maj. Jason B. Alisangco, DO, Eisenhower Army Medical

Center's director of Primary Care Sports Medicine. "The diagnosis can be best made within the mystery of the history or present injury."

Most low-back pain, however, can

be diagnosed by a focused history and physical examination, according to literature from Army Medicine. Magnetic Resonance Imaging is needed only when a serious underlying condition is suspected, or there are current, progressive neurological symptoms.

According to Alisangco, "MRIs are useful when neurological symptoms are observed such as muscular weakness, sensory changes and radiating pain. These signs may follow a consistent pattern anatomically."

More than 85 percent of people with lower-back pain who see their primary care provider have low-back pain that cannot reliably be attributed to a specific disease or spinal abnormality, according to Army Medicine. Despite showing soft tissues and bony details not seen on an X-ray, an MRI does not show the source

see **BACK PAIN** on page 18



Photo courtesy of the National Institutes of Health

MRI is a non-invasive imaging technology that produces three dimensional detailed anatomical images without the use of damaging radiation. It is often used for disease detection, diagnosis, and treatment monitoring.

What is MRI?

A magnetic resonance imaging, commonly known as an MRI scan, is an imaging test that uses powerful magnets and radio waves to create pictures of the body. Unlike X-rays, MRI does not use radiation.

Single MRI images are called slices. The images can be stored on a computer or printed on film. One exam produces dozens or sometimes hundreds of images.

How the test is performed

You may be asked to wear a hospital gown or clothing without zippers or snaps (such as sweatpants and a t-shirt). Certain types of metal can cause blurry images.

You will lie on a narrow table, which slides into a large tunnel-shaped scanner.

Some exams require a special dye for contrast on the images. Most of the time, the dye will be given through a vein in your hand or forearm before

MRI, unlike X-rays, does not use radiation.

the test. The dye helps the radiologist see certain areas more clearly.

Small devices, called coils, may be placed around the head, arm or leg, or around other areas to be studied. These help send and receive the radio waves, and improve the quality of the images.

During the MRI, the person who operates the machine will watch you from another room. The test lasts about 30 to 60 minutes, but may take longer.

How to prepare for the test

You may be asked not to eat or drink anything for 4 to 6 hours before the scan.

Tell your health care provider if you are afraid of close spaces. You may

be given a medicine to help you feel sleepy and less anxious, or your doctor may suggest an open MRI, in which the machine is not as close to the body.

Before the test, tell your provider if you have:

- Artificial heart valves
- Brain aneurysm clips
- Heart defibrillator or pacemaker
- Inner ear (cochlear) implants
- Kidney disease or dialysis (you may not be able to receive contrast)
- Recently placed artificial joints
- Vascular stents
- Worked with sheet metal in the past (you may need tests to check for metal pieces in your eyes)

Because the MRI contains strong magnets, metal objects are not allowed into the room with the MRI scanner:

- Items such as jewelry, watches, credit cards and hearing aids can be damaged.
- Pens, pocketknives and eyeglasses may fly across the room.

see **MRI** on page 19



Courtesy photo

Eighteen volunteers from Eisenhower Army Medical Center gather for a photograph May 7 at the Lydia Project's lodging center following a community service connected to National Nurses Week, May 6-12.

LYDIA from page 4

Gordon and EAMC.

According to the August-based organization's literature, "the Lydia Project provides

free services to women anywhere facing any type of cancer ...

"Lydia grants funds for rent, utility, medical supplies and prescription assistance to women who are unable to afford these

basic expenses while undergoing cancer treatment, and who reside in Georgia's Burke, Columbia, McDuffie and Richmond Counties; and South Carolina's Aiken and Edgefield Counties.

BACK PAIN from page 17

of all pain.

Likewise, an MRI is not necessary prior to beginning physical therapy.

"Once most gross anatomical injury/disease is ruled out by the provider," Alisangco said, "it is essential for the patient to advocate for himself. One can initiate and/or maintain fitness with a home exercise performance program and/or formal physical therapy performance program.

In general, however, there are inherent risks associated with having an MRI, especially if the patient has metal implants or shrapnel in the body, or within the first 12 weeks of a pregnancy. (*Editor's note: See sidebar on page 13.*)

"MRI machines are large magnets," Alisangco said. "Any possible metallic objects on or in a patient are at risk for possible injury. For example, if someone has surgical clips, stents, implants, piercings or prostheses, then an MRI may potentially be contraindicated. It is best to review the MRI checklist during their screening."

An MRI is used to peek at what is going on inside the body. Doctors may call for an MRI scan to look at what's going on in the abdomen, pelvis, chest, head or heart, among others. But as a diagnostic tool for back pain caused by sprains and strains, the MRI just doesn't work.

You can't see a sprain. And looking for one with an MRI is a recipe for wasted time and money.

ELLISON from page 5

In addition, she provided information and advice to assist us even though we were seeking a second opinion.

The care we have received from her is second to none and has made our visit and the outpatient procedure my husband had on Dec. 23 go smoothly.

She is again one of the best health care professionals I have met.

MUSOLINO from page 5

never seen in a nurse.

My sweetheart did not have a need for anything when Musolino was on duty. It was very clear that she was not just performing a job; she was fulfilling a call as a nurse.

I urge you to encourage her, support her, and select her for this award. My sons, who were there, would say the same.

She will do you proud. I would be surprised if there is a better caregiver at EAMC.



RUGBY from page 4

compete in the 2016 Atlanta 7's Women's Rugby Tournament.

At the completion of the camp, 12 soliders, one of whom was Middleton, were chosen as members of the 2016 Armed Forces 7's Women's Rugby Team. In all, six soldiers, four airmen and one each from the Navy and Coast Guard rounded out the team.

These 12 moved forward to compete in the tournament. On Day 1, the team played and won effortless games against Northeast Academy and 1823, a rugby residency school and, my Middleton's account, "a motley group of females" from Chicago. On Day 2, the Armed Forces 7's team lost two hard-fought games against ARPTC, another residency school, and Northeast Academy.

The 2016 7's team, as well as members of the 2015 Armed Forces Team, is eligible to compete in other tournaments throughout the year.

By being selected for the Armed Forces team, Middleton was also selected as a member of the All Army Women's Rugby team. Locally she plays for the Augusta Furies WRFC, who is currently ranked No. 5 in the nation. Middleton said she appreciates the opportunity to represent the Army, and Eisenhower Army Medical Center.

MRI from page 17

- Pins, hairpins, metal zippers and similar metallic items can distort the images.
- Removable dental work should be taken out just before the scan.

How the Test will Feel

An MRI exam causes no pain. If you have difficulty lying still or are very nervous, you may be given a medicine to relax you. Too much movement can blur MRI images and cause errors.

The table may be hard or cold, but you can request a blanket or pillow. The machine produces loud thumping and humming noises when turned on. You can wear ear plugs to help reduce the noise.

An intercom in the room allows you to speak to someone at any time. Some MRIs have televisions and special headphones that you can use to help the time pass.

There is no recovery time, unless you were given a medicine to relax. After an MRI scan, you can resume your normal diet, activity and medications.

Risks

MRI does not use ionizing radiation. No side effects from the magnetic fields and radio waves have been reported.

The most common type of contrast or dye used is gadolinium. It is very safe. Allergic reactions rarely occur. However, gadolinium can be harmful to people with kidney problems who are on dialysis. Tell your provider before the test if you have kidney problems.

The strong magnetic fields created during an MRI can cause heart pacemakers and other implants not to work as well. The magnets can also cause a piece of metal inside your body to move or shift.

— National Institutes for Health's U.S. National Library of Medicine

May**Patient Safety Employee of the Month**

Dr. Chasity Sello, clinical pharmacist, was selected as Eisenhower Army Medical Center's Patient Safety Employee of the Month for May. The presentation was held May 3.

Sello was nominated by her peers for the award, in recognition of two good-catch events. A patient requiring six weeks of antibiotic therapy had an expired order in Essentris. The patient had not received the medication for five days. She contacted the provider and informed them that the patient had not been receiving this important medication. The provider reordered the medication and the patient was able to complete his antibiotic therapy.

A second good catch occurred when she recognized that a medication dose being given to an admitted patient was unusually high. She took the time to contact the patient's outside pharmacy to verify the correct dose and then contacted the provider to change the Essentris order.

Sello is a graduate of Claflin University, where she earned a Bachelor of Science in biology and chemistry. She received her Doctorate of Pharmacy degree from University of Georgia College of Pharmacy in 2008. Sello has one daughter, Ananyah, 13, and enjoys writing in her spare time.

Other nominees for May were:

Donna Williams, Outpatient Pharmacy

Lynda Scaffa, Inpatient Pharmacy

Whitney Bryson, Pharm. D., Inpatient Pharmacy

Cynthia McElroy, RN, Intensive Care Unit

Christopher Mrva, Outpatient Pharmacy

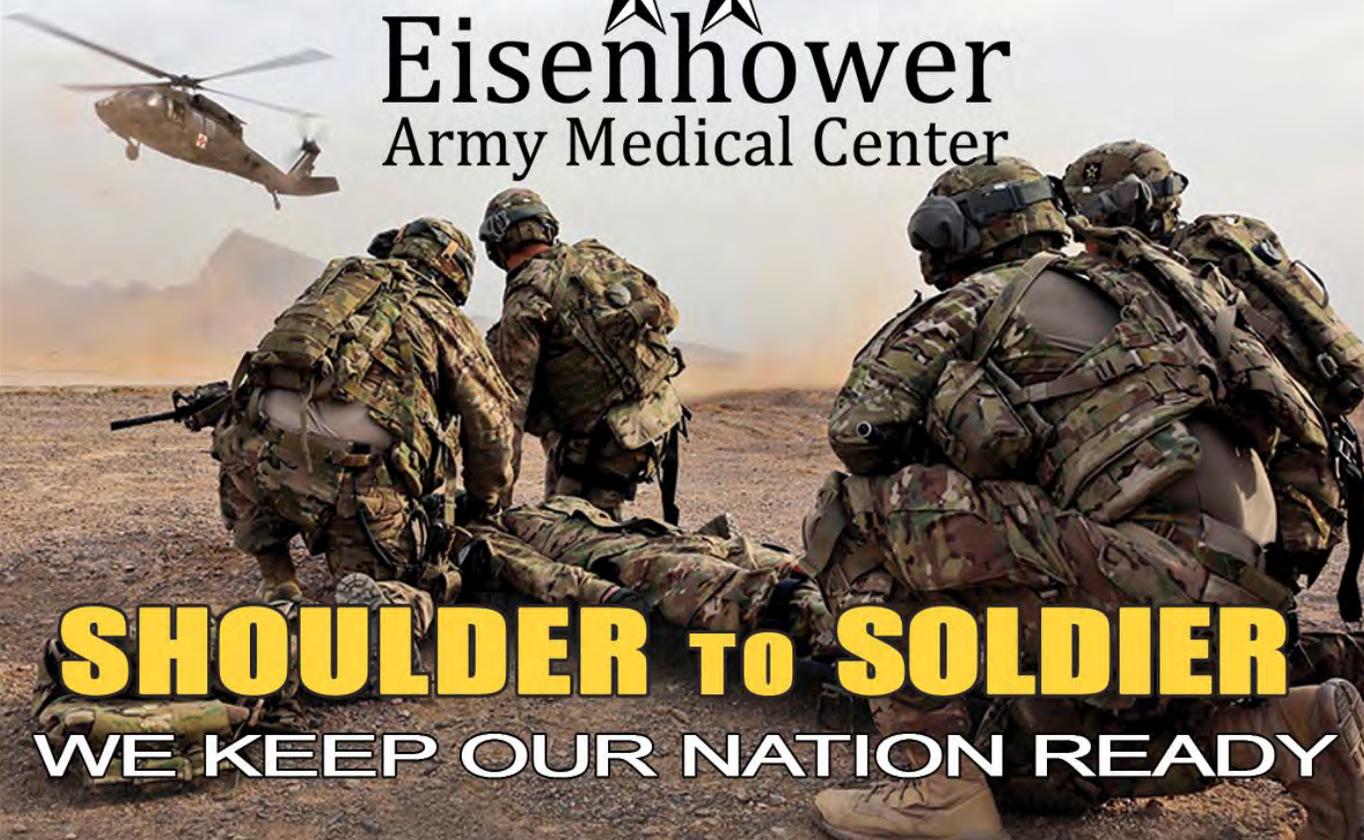


Photo by John Corley

Dr. Chasity Sello, right, clinical pharmacist, the Patient Safety Employee of the Month for May, poses with Col. Michael A. Weber, Eisenhower Army Medical Center's commanding officer at her recognition ceremony May 3.



Eisenhower Army Medical Center



SHOULDER TO SOLDIER

WE KEEP OUR NATION READY



James Gray Jr.
Red Cross Volunteer
Same-Day Surgery
Volunteer for 7 years



Capt. Samantha D. Hulebak, RN, Assistant
Clinical Nurse Officer in
Charge, 11 West
Soldier for 13 years



Corey L. Carter
IMD, IT Tech
At EAMC for 4 years



Pamela D. Izzard, LPN,
Connolly Clinic
At EAMC for 10 years